



# What Is A Christian Life Coach?



A Christian life coach helps clients navigate personal or professional challenges from a faith-based perspective using biblical principles, Scripture, and prayer. They assist clients by:

- Creating meaningful goals and objectives.
- Overcoming obstacles to God's plan.
- Replacing negative thoughts with biblical truth.
- Finding balance in their lives.

## **Christian Life Coaches are:**

**Biblically Based**—They provide guidance grounded in biblical principles, focusing on values and love to help clients achieve spiritual growth and personal development.

**Holy Spirit Guided**—Relying on the guidance of the Holy Spirit, they encourage clients to strengthen their relationship with God by seeking and following His direction.

**Trusted Support System**—As role models and accountability partners, they assist individuals in creating a new vision, finding purpose, and setting goals to achieve their desired results.

**Trained and Devoted**—They are committed to making godly disciples and guiding others towards greater competence, confidence, and commitment.

*“Forgetting the past and looking forward to what lies ahead, In press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.” (Philippians 3:14-15 NLT).*

**Coaching Is A Transformative Journey**—Coaching promotes transformation through a supportive relationship between the coach, the client, and the Lord. This journey fosters hope and success in a safe environment, enabling clients to connect with the loving power of the Holy Spirit.

***If you want more information, please contact me for a free consultation [Here](#)***

*Excerpt from an article on the International Christian Coaching Institute's website, [Read the full article here](#)*

